

Martial Arts America

Board Breaking Competition Rules



- 1) The competitor will be allowed 1:30 (one minute thirty seconds) total run time from start to finish. Run time is determined from the time the competitor steps on the mat and ends when the competitor has cleared the competition floor of debris and exited the mat.
- 2) Competitor must provide own boards. Boards should be purchased prior to the event at your school and be ringside and ready. This is the same as bringing your weapons to the forms competition.
- 3) Competitor must provide holders.
 - a. Holders must be Black Belts or adults (parents or students)
 - b. Team of holders **MUST** be turned in to **NO LATER THAN** Wednesday, July 12th.
- 4) The competitor will perform a minimum of 3 breaks. The competitor will be scored as follows:
 - a. Successful completion of breaks on first attempt in allotted time frame.
 - b. Degree of difficulty. Including but not limited to board thickness, technique attempted and completed, and flow of demonstration.
 - c. Showmanship
 - d. .5 (half point) will be deducted for the following infractions
 - i. Going over the allotted time
 - ii. Failure to break on the first attempt, with an additional .5 for each attempt up to three. After three failed attempts during the performance, the competitor is disqualified.
 - iii. Not providing non instructional board holders
 - iv. Failure to clean/clear the competition floor
- 5) The competition will be divided into age divisions based on participation